

BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs S J Moore

Acting Head of School: Mr P Bellamy

**Sandown Drive
Bourne**

Tel: 426968



31st March 2021

Dear Parents and Carers,

Get set... we're taking part in Sustrans Big Pedal 2021, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from **19th- 30th April**. It's free and we would love everyone to be involved. On each day of the challenge, schools compete to see who can record the greatest number of pupils, staff and parents/carers cycling, walking, scooting or using a wheelchair to school.

What do you need to do?

Encourage your child(ren) to take active journeys to school on as many days as possible during the event, and join them on their way.

Why are we taking part?

Sustrans Big Pedal is a great way to get children active, which is important for physical health and mental wellbeing. Active and sustainable school runs also help to reduce congestion and air pollution outside the school gate. Covid-19 has made active travel to school even more important. The Department for Education have said encouraging active travel to school helps "to enable pupils to be physically active while encouraging physical distancing."

Plus, there are some great prizes to be won every day if we get enough children taking part!

You and your family can also win prizes during Sustrans Big Pedal. Please see the Sustrans website on:

<https://www.sustrans.org.uk/our-blog/projects/uk-wide/schools/sustrans-big-pedal-family-competition/>

By taking part in this challenge, we encourage our children to become Agents of Change and create healthier places and happier lives for everyone.

Yours sincerely,

Mrs A Simpson
(Eco Schools Co-ordinator)