

ABBAY ACADEMIES TRUST
Executive Headteacher: Mrs S J Moore

13th January 2022



Dear Parents and Carers

'The Things I Wished My Parents Had Known'

The Children's Commissioner has launched a guide for parents and carers about online sexual harassment and how they can support children to stay safe online.

This guide draws together advice from 16–21 year-olds on how parents and carers should manage tricky conversations around sexual harassment and access to inappropriate content.

The guidance is based on the voices of young people giving adults tips on how to tackle this subject. An overriding message is that parents and carers should start these challenging conversations early. The Children's Commissioner's focus group suggested broaching topics before a child is given a phone or social media account, which is often around the age of 9 or 10.

The aim of the guide is to pull together challenging (often seemingly unapproachable) topics for parents and carers in an accessible way. It can be used as a starting point for parents and carers to begin discussing these issues with their children.

At Abbey Academies Trust we take online safety very seriously and want to work alongside parents and carers to support them with conversations around E-Safety which they may find difficult. Please find attached with this letter the full guide from The Children's Commissioner.

If you have any worries, queries, or concerns please do not hesitate in contacting your child's class teacher.

Yours sincerely

Miss A Worrall, Miss G Huggins and Miss J Bergmann
AAT E-safety Team