

Abbey Academies Trust



Every Child Matters

PE Curriculum Statement

Started May 2019	Revisited and amended May 2021	
Revisited and amended Sept 2019		
Revisited and amended May 2020		



Every Child Matters within a loving and caring Christian environment

As a RRS (Rights Respecting School - UNICEF) this upholds the following articles from the UNCRC (United Nations Convention on the Rights of the Child):

Article 29: Every child has the right to be the best they can.

### **Why we believe PE is important**

Physical Education is about developing children's enjoyment, confidence, and skill in physical activity and introducing them to the pleasures of sport. It is a practical subject, which gives all children, irrespective of age, gender, culture or disability, opportunities for participation. Physical Education promotes personal, social, intellectual and physical skills and at our school, it attempts to foster co-operation, tolerance and self-esteem. Our aims are to promote a positive attitude and enjoyment in undertaking exercise in all children, that will, hopefully, be continued into adulthood as part of a healthy lifestyle.

We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children's well-being. We have strong links with local clubs and partnerships within our community to ensure the children and families receive the support and knowledge they need.

### **Remote Learning**

These challenging and unprecedented Covid times, have encouraged the development of exciting and innovative ways to approach remote learning. Abbey Academies Trust recognise remote education as 'a means not an end,' the aim of education is to deliver a high-quality curriculum so that pupils know more and remember more. Abbey Academies Trust is committed to ensuring that the remote education offered follows our normal school curriculum as far as is possible via these means, enabling pupils to obtain the building blocks they need to move onto the next step in their learning at all times. For further information on our approach to remote learning please reference Abbey Academies Trust Remote Education Plan.

**After our return to school in March 2021, the PE curriculum has been refined to best support the development of our children's skills and knowledge, providing them with solid foundations and enabling them to 'fly high' as they continue their journey through school.**

### **Intent: We aim for our pupils to:**

- Be personally, socially, intellectually and physically able.
- Cooperate within team events.
- Be tolerant of and show respect for each other's abilities.
- Be confident, with good self-esteem.
- Be able to compete, showing the will to win, whilst also showing the values of respect, fair play and sportsmanship.
- Develop a love of exercise as part of a healthy lifestyle, fostering a positive impact on their education and wellbeing, continuing into adulthood.

### **Implementation: How do we do this?**

- All children throughout each Key Stage will be given opportunities to plan, perform and evaluate during physical education lessons.
- All children in Key Stage 2 will have the opportunity to participate in dance, gymnastics, games, swimming, athletics and a great majority have the opportunity to participate in outdoor adventurous activities throughout the year. All children in Foundation and Key Stage 1 will have the opportunity to participate in dance, gymnastics and games throughout the year.
- There will be a skill-based emphasis as a basis for the teaching of Games.
- Progression will be addressed within each area of study through careful planning of the coverage of the relevant skills and vocabulary.
- All physical education activities should be enjoyable, safe and yet challenging.
- The ideals associated with fair play and good sporting behaviour will be encouraged at all times.
- Children will have the opportunity to work in a variety of ways through directed, exploratory and improvised activities. Children will work in groups, pairs and as individuals and will use language appropriate to physical education when talking about their work.
- Whenever the weather permits and the activity is appropriate children should be given the opportunity to undertake physical education outdoors.
- Opportunities to link physical education with work in other areas will be identified and used within each year group.

- Dance lessons will provide an opportunity for children to gain an appreciation of music. The music chosen may reflect different cultures and represent as a wide range of types of music as possible.
- All teachers will be responsible for the teaching of physical education using planning provided on the GetSet4PE portal.
- Developing physical skills is a very important part of the education of young children. Reception children have the same access to the physical education curriculum as Key Stage 1 children.
- Activities are planned in such a way as to encourage full and active participation by all children irrespective of ability.
- All physical education lessons will ensure an equal interest level for both boys and girls. Teachers will choose activities, themes, music etc that will be of equal interest to both boys and girls.
- Health education, particularly those areas addressing the effect of exercise on the heart and the need for exercise to keep us healthy, both in mind and body, will be addressed during the appropriate physical education lessons.
- Children are trained to collect and return small equipment from the store with the permission of a teacher.
- Specialist sports providers from Inspire+ will be used during Planning, Preparation & Assessment (PPA) time, as well as to deliver clubs where appropriate.
- Annual Sports Day competitions are held, whereby children compete for their house teams.
- Opportunities for children to represent the school in sporting competitions are plentiful.

### **Impact**

- Children are accessing 2 hours of high-quality PE as part of a weekly programme of study.
- Children are developing transferable skills, which can be applied to other areas e.g. respect, teamwork, perseverance, determination, stamina etc.
- Pupil voice shows that children enjoy PE as part of a varied curriculum.
- Improvement in the children's cardiovascular fitness.
- Improvement in the children's focus, concentration and behaviour.
- Children have developed a range of leadership skills.
- Children engage others in physical activities thereby improving the health and fitness of other children.
- Children have access to high-quality after school sports clubs.
- All children experience competitive situations in Sport and PE either on an intra or inter school basis or both. Maximum number of inter school competitions are entered during the academic year, allowing pupils to compete in a higher standard of competitive sports. Access will be given to as many pupils as possible.

This is monitored through:

- Teacher Assessment
- Feedback from swimming teachers
- Feedback and assessment from Inspire+ sport coaches
- Pupil Voice questionnaires
- Staff questionnaires

### **Other relevant documents:**

- Sport Premium report.