

BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs S J Moore

Head of School: Mrs R E Skidmore

Sandown Drive
Bourne

Tel: 426968

12th September 2022

Dear Parent/Carer,

FIRST AID LEARNING



**First Aid
Champions.**

We will shortly be beginning some work across school to become First Aid Champions using lesson plans and resources from the British Red Cross. The approach to teaching first aid is learner-centred and interactive, following a 'learn - practise - share' structure. As the children work through First Aid Champions, they follow six relatable characters and learn about first aid in age appropriate, realistic everyday situations. Statutory guidance states that by the end of primary school pupils should know concepts of basic first aid and how to make a clear and efficient call to emergency services if necessary. These resources have been developed in line with statutory Relationships and Sex Education (RSE) guidance.

Each module includes:

- **Introductory activities** that familiarise learners with the characters the children will learn with, and why first aid is important
- **First aid skills** that show what key action to take when someone needs first aid
- **Kindness and coping** learning that focuses on emotions, how to keep calm, decision making and words of kindness and comfort
- **Safety** - learn how to call 999, keep safe when helping others and spot dangers
- **Share** - ideas for children to share their learning with others

Below is a table that shows the first aid skill each year group will learn about and a brief description of the video content they will watch and engage with.

Year Group	First Aid skill	Description of the video
Rec	Bleeding	The children meet Beth and Georgia who are completing some arts and crafts with Beth's Mum. Georgia cuts herself whilst crafting, and her friend and Beth's Mum show what key action to take. The video does not show her skin being cut but does show one spot of blood on the floor.
1	Broken bone	The children meet Ekam and Jonjo who are on a bike ride with Jonjo's Dad. Ekam falls off his bike and Jonjo takes steps (with his Dad) to help Ekam get the support he needs. The video does not show Ekam falling off his bike, nor does it show the broken bone.
2	Head injury	In this video, Dele and Georgia are playing on a skateboard together. Dele has a go at skateboarding but falls over and bangs his head. Georgia and her Mum take action to support Dele. The video does not show his head contacting the ground.

3	Asthma attack	Ekam and Jonjo explore the loft to see what Ekam's Dad has been sorting. The dust affects Jonjo's breathing and he needs his inhaler to help him. The video shows Jonjo coughing and wheezing, then taking his inhaler.
4	Choking	The video shows Dele and his little brother Luke enjoying some pizza as an after-school snack. Luke has hidden the remote and thinks it's funny that his older brother cannot find it. Laughing whilst eating causes him to choke and Dele provides Luke with the appropriate first aid to clear his airway. The video shows Luke with his mouth open and his hands on his neck signalling to his brother that he is choking.
5	Unresponsive breathing	The children meet Liya who is out on a walk with her Dad. They spot that someone has fallen over, go over to them and soon realise they are unresponsive but breathing. They place him in the recovery position and call the emergency services for further support.
	Unresponsive not breathing	Dele and his Dad go round to Grandad's where they notice that Grandad is looking tired. Dele hears a noise from another room and finds his Grandad on the floor and unresponsive. He calls for his Dad and they notice he is unresponsive and not breathing. Dele's Dad gives chest compressions whilst Dele calls the emergency services and requests an ambulance. The video does not show Grandad falling to the floor.
6	Burns	In the video, Liya and Beth are feeding Beth's pets when they decide to make a hot chocolate. Beth boils the kettle and pours a hot drink which accidentally spills on her arm. Liya instructs Beth to put her arm under cold water and they call for her Mum for extra help. The video does not show Beth pouring boiling water on her arm but Beth's red arm can be seen when she is running it under cold water.

More information about First Aid champions can be found below:

<https://firstaidchampions.redcross.org.uk/primary/first-aid-skills/>

<https://firstaidchampions.redcross.org.uk/about/>

First Aid is an invaluable life skill, and we know this learning will equip the children with skills needed to help themselves and keep themselves safe or if others are in a medical emergency. If you have any questions or concerns about the learning above, please speak to your child's class teacher.

Yours sincerely,

The PSHE team