

BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs S J Moore

Head of School: Mrs R Skidmore

Email: BEP.enquiries@abbeyacademies.co.uk

Sandown Drive
Bourne

Tel: 01778 426968



13th March 2023

Dear Parents/Carers,

BIG WALK AND WHEEL 20th – 31st MARCH 2023

Get set... we're taking part in Sustrans Big Walk and Wheel 2023, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 20th – 31st March. It's free and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

Why are we taking part?

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. A 2021 YouGov study showed nearly half of UK children worry about air pollution near their school and that children thought active travel was the best way to bring down those pollution levels.

There are also some great prizes to be won every day for the school if enough children take part!

Useful resources

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you plan to cycle, walk, use a wheelchair or scoot to school. Download your free family guide using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

For more information about the event go to www.bigwalkandwheel.org.uk

We hope by taking part in this challenge we will encourage our children to become Agents of Change and create healthier places and happier lives for everyone.

If you have any questions or concerns, please do speak to your child's class teacher.

Yours sincerely

A Worrall *D Newnham*

Miss Worrall and Miss Newnham
(Eco Schools Co-ordinators)