



At Abbey Academies Trust, we understand the importance of encouraging children to read for pleasure. It might not seem like a particularly important task, but actually, research shows that reading for pleasure can be directly linked to children's success throughout their time at school and even into adulthood.

Reading for pleasure opens up new worlds for children. It gives them the opportunity to use their imagination to explore new ideas, visit new places and meet new characters. Interestingly, reading for pleasure also improves children's well-being and empathy. It helps them to understand their own identity, and gives them an insight into the world and the views of others.

## TIPS

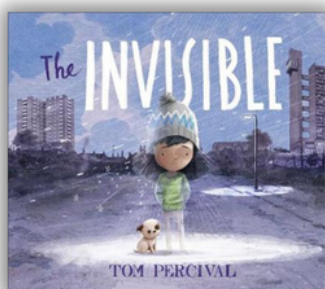
# READING

Here are some ideas for encouraging your child to read for pleasure:

- Set aside a special time – just a few minutes a day is enough to create a reading habit.
- Read to each other – if your child really doesn't want to read on their own, then read together. You read a page, then they read a page. Or one of you could read any dialogue. Be brave and put on different voices.

## Check out some top reads for April

Thanks go to Mrs Cornish for her fabulous suggestions. These books are fantastic for helping children understand more about their own emotions.



A moving, powerful story that shines a light on those that feel invisible in our world – and shows us that we ALL belong.

A beautifully illustrated story of a young girl called Isabel who begins to feel lost in her new home until she discovers the power of connections and how they can brighten your world.

An exquisite, thought-provoking book to help children understand the idea of ever-changing emotions.

Another wonderfully emotive story from one of our favourite author's, Tom Percival. Through the story of a young boy enjoying nature and the changing seasons, children can begin to understand how our emotions change quickly and like a river can be still and calm, or wild and rushing.



A reassuring tale about coping with overwhelming feelings and frustration. The Stompysaurus is the latest book in the DinoFeelings series by Rachel Bright and Chris Chatterton, creators of The Worrysaurus.

Following a day in the life of this little dinosaur, The Stompysaurus sees how even little things can sometimes build up and lead to an outburst of anger but that doesn't mean everything is ruined. The story leads our dino friend to finding a way to deal with his emotions and return to feeling content and happy.

