## PSHE Curriculum Map 2023/24- Bourne Abbey and Bourne Elsea Park



	Subject/Strand	Reception	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
Reading Spine Books — across the year	RSE Families and people who care for me	ABC A Family Alphabet Book — Bobbie Combs	Stella Brings the Family – Miriam Schaffer	The Great Big Book of Families — Mary Hoffman  Who's in my family — Robie Harris  The Family Book — Todd Parr  And Tango Makes Three — Justin Richardson and	King and King Family — Linda de Haan	Donovan's Big Day — Leslea Newman		
	RSE Respectful relationships (Stereotyping /diversity)	Red Rocket and Rainbow Jelly — Sue Heap It's Okay to be Different — Todd Parr	Are you a boy or a girl?  — Sarah Savage  We're all wonders  Antiracist baby — Ibram  X Kendi	Peter Parnell  Made by Raffi — Craig  Pomranz	William's Doll — Charlotte Zolotow Bill's New Frock	The Sissy Duckling — Harvey Fierstein	The Boy with Pink Hair — Perez Hilton	Wonder  Sputniks Cuide to Life on Earth
	RSE Reproduction							Sex is a Funny Word — Cory Silverberg What makes a baby — Cory Silverberg

## PSHE Curriculum Map 2023/24- Bourne Abbey and Bourne Elsea Park



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Term I	Whole school	*UNICEF Class	*UNICEF Class Charters,	*UNICEF Class Charters,	*UNICEF Class	*UNICEF Class Charters,	*UNICEF Class Charters,	*UNICEF Class Charters,
		Charters, rights and	rights and looking after	rights and looking after	Charters, rights and	rights and looking after	rights and looking after	rights and looking after
		looking after the	the environment	the environment	looking after the	the environment	the environment	the environment
		environment	*Election of school council	*Election of school council	environment	*Election of school council	*Election of school	*Election of school
		*British Values	(Democracy and rule of	(Democracy and rule of	*Election of school	(Democracy and rule of	council (Democracy and	council (Democracy and
		*3 Rs	law)	law)	council (Democracy	law)	rule of law)	rule of law)
		*Safe Hands	∗British Values	*British Values	and rule of law)	*British Values	*British Values	*British Values
		*SMARTs	∗3 Rs	*3 Rs	*British Values	*3 Rs	*3 Rs	*3 Rs
		*World's Largest	∗Safe Hands	*Safe Hands	*3 Rs	*Safe Hands	∗Safe Hands	*Safe Hands
		Lesson/Global Goals	*SMARTs	*SMARTs	*Safe Hands	*SMARTs	*SMARTs	*SMARTs
		*Black History Month	*World's Largest	*World's Largest	*SMARTs	*World's Largest	*World's Largest	*World's Largest
			Lesson/Global Goals	Lesson/Global Goals	*World's Largest	Lesson/Global Goals	Lesson/Global Goals	Lesson/Global Goals
			*Black History Month	*Black History Month	Lesson/Global Goals	*Black History Month	*Black History Month	*Black History Month
					*Black History Month			
	E-Safety	September	September	September	September	September	September	September
		Self-image and identity	Self-image and identity	Self-image and identity	Self-image and	Self-image and identity	Self-image and identity	Self-image and identity
					identity			
		October	0.1	0.1		0.1	0.1	0.1
		Health, wellbeing and	October	October	0.1	October	October	October
		lifestyle	Health, wellbeing and	Health, wellbeing and	October	Health, wellbeing and	Health, wellbeing and	Health, wellbeing and
			lifestyle	lifestyle	Health, wellbeing and	lifestyle	li festyle	lifestyle
					li festyle			
Term 2	Subject/Strand	Reception	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
	\	*Friendship and Anti-	*Friendship and Anti-	*Friendship and Anti-	*Friendship and	*Friendship and Anti-	*Friendship and Anti-	*Friendship and Anti-
	Whole school	bullying week	bullying week	bullying week	Anti-bullying week	bullying week	bullying week	bullying week
		*Road Safety Week	*Road Safety Week	*Road Safety Week	*Road Safety Week	*Road Safety Week	*Road Sa fety Week	*Road Safety Week
		* Energy saving- switch	* Energy saving- switch	* Energy saving- switch	* Energy saving-	* Energy saving- switch	* Energy saving- switch	* Energy saving- switch
		off fortnight	off fortnight	off fortnight	switch off fortnight	off fortnight	off fortnight	off fortnight
		* Children in Need	* Unicef Outright	* Unicef Outright	* Unicef Outright	* Unicef Outright	* Unicef Outright	* Unicef Outright
		*Christmas Jumper	Campaign	Campaign	Campaign	Campaign	Campaign	Campaign
		Day — Save the	* Children in Need	* Children in Need	* Children in Need	* Children in Need	* Children in Need	* Children in Need
		Children	*Christmas Jumper Day	*Christmas Jumper Day	*Christmas Jumper	*Christmas Jumper Day	*Christmas Jumper Day	*Christmas Jumper Day
			- Save the Children	- Save the Children	Day - Save the	— Save the Children	— Save the Children	— Save the Children
					Children			
	E-Safety	November	November	November	November	November	November	November
	_ = 5~7009	Online Bullying	Online Bullying	Online Bullying	Online Bullying	Online Bullying	Online Bullying	Online Bullying
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Term	Subject/Strand	Reception	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
3	Whole school	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week	*Safer Internet Day/Week *Children mental Health Week *Martin Luther King Jr. Day *Waste Week
	E-Safety	January Online relationships  February Safer Internet Day  E-Safety Worskshops (BEPPA and CSW)	January Online relationships February Safer Internet Day E-Safety Workshops	January Online relationships February Safer Internet Day E-Safety Workshops	January Online relationships  February Safer Internet Day  E-Safety Workshops	January Online relationships February Safer Internet Day E-Safety Workshops	January Online relationships February Safer Internet Day E-Safety Workshops	January Online relationships  February Safer Internet Day  E-Safety Workshops

Term	Subject/Strand	Reception	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
4	Whole school	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief	*Fairtrade Fortnight *International Women's Day *Comic Relief/Sports Relief
	E-Sa fety	March Online reputation	March Online reputation	March Online reputation	March Online reputation	March Online reputation	March Online reputation	March Online reputation



Term 5	<mark>Sub ject</mark>	Reception	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
	Whole school	UNICEF Day for Change Sports Days	UNICEF Day for Change Sports Days Healthy week	UNICEF Day for Change Sports Days	UNICEF Day for Change Sports Days	UNICEF Day for Change Sports days	UNICEF Day for Change Sports days	UNICEF Day for Change Sports days
	E-Safety	April/May Managing online information	April/May Managing online information	April/May Managing online in-formation	April/May Managing online information	April/May Managing online information	April/May Managing online information	April/May Managing online information

Term	<mark>Sub ject</mark>	Reception	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
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	Whole school	*Transition *Additional SEN	*Transition *Additional SEN	*Transition *Additional SEN	*Transition  *Additional SEN transition	*Transition *Additional SEN	*Transition *Additional SEN	*Transition *Additional SEN transition
		transition support	transition support	transition support	support * Nyansakia Day	transition support	transition support	support
		*Nyansakia Day	* Nyansakia Day	* Nyansakia Day		* Nyansakia Day	* Nyansakia Day	* Nyansakia Day
	E-Safety	June Privacy and security	June Privacy and security	June Privacy and security	June Privacy and security	June Privacy and security	June Privacy and security	June Privacy and security
		July Copyright and ownership	July Copyright and ownership	July Copyright and ownership	July Copyright and ownership	July Copyright and ownership	July Copyright and ownership	July Copyright and ownership



## Jigsaw PSHE 3 -11/12 Content Overview



Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 3-5 (F1-F2)	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Ages 6-7	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Ages 7-8	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition



Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 8-9	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change
Ages 9-10	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
Ages 10-11	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition