



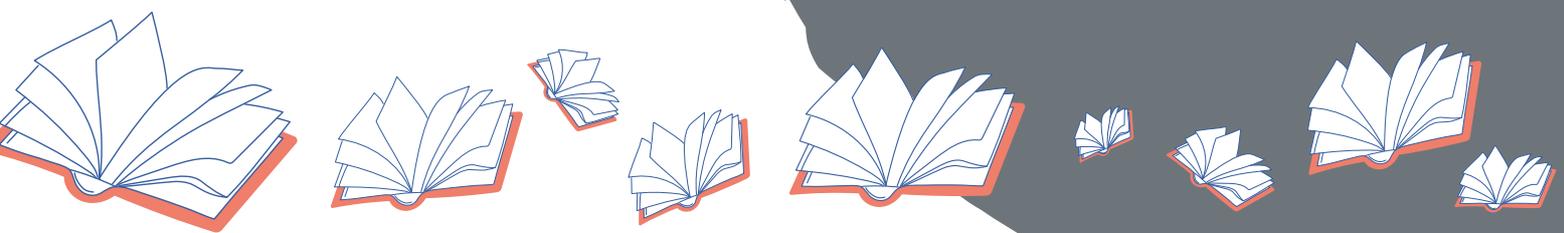
# READING ROCKS

JANUARY 2024



At Abbey Academies Trust, we understand the importance of encouraging children to read for pleasure. It might not seem like a particularly important task, but actually, research shows that reading for pleasure can be directly linked to children's success throughout their time at school and even into adulthood.

Reading for pleasure opens up new worlds for children. It gives them the opportunity to use their imagination to explore new ideas, visit new places and meet new characters. Interestingly, reading for pleasure also improves children's well-being and empathy. It helps them to understand their own identity, and gives them an insight into the world and the views of others.



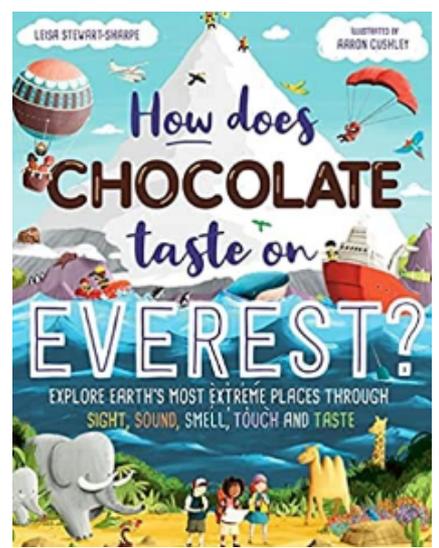


## Check out some top reads for January.

A non-fiction book with a twist! The sub-title - Explore Earth's most extreme places through sight, sounds, smell, touch and taste - says it all! Readers are invited to imagine sensory experiences as they embark on a fascinating journey around the world.

The five senses are experienced in each of the book's 12 extreme locations on Earth: the hottest, the darkest, the deepest, the coldest, the stinkiest and more. From the extreme heat of Ethiopia's Danakil Depression to the frozen wilderness of Antarctica, this round-the-world adventure is packed with interest and humour, with plenty of additional information to dip into on each page.

And there's extra entertainment in spotting Herbert the Tarantula who is hiding in each location. And as for finding out how chocolate tastes on Mount Everest, well... the answer may surprise you!



by Caryl Hart and Illustrated by Anastasia Suvorova  
A beautiful tale of a little girl's dream and how one person can inspire others to make a difference. This picture book tells the story of a young girl who wants to make the mountain green again after seeing pictures with her grandfather. She strives to grow her trees but storms wash them away and the blazing sun scorches the shoots. But she remains determined and never gives up. With the help of the village her dream becomes a reality and the mountain forest flourishes as she grows into old age. An empowering read!

