BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

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Sandown Drive Bourne

The mindful approach to PSHE

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20th February 2024

Dear Parents/Carers,

This academic year, at Abbey Academies Trust, we have been implementing the PSHE (Personal, Social and Health Education) Programme across our schools called Jigsaw, the mindful approach to PSHE.

Since September, the lessons have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work. The younger year groups will not look at these issues explicitly but will rather learn correct terminology for body parts and complete the foundation work for later year groups. The Year 5 and 6 lessons cover puberty and human reproduction in more detail.

We are sure you will agree that this work is vitally important for children. It is equally important that it is covered in an age-appropriate way and the Jigsaw Programme gives us a secure framework in which to do this.

As the scheme and materials are new, an up-to-date Relationships and Sex Education Policy has been drawn up and we warmly invite you to attend a consultation session at school:

Date: Monday 11th March 2024 Time: 3.30 p.m. Venue: Hall

Please note that as this session involves reviewing the Relationships and Sex Education Policy, it will not be appropriate for any children to attend.

During the session we will give you a transparent and comprehensive picture of what we are planning to teach in each year group and the reasons why we will be teaching it. As always we want to work in partnership with parents and carers and it is important that you are aware of your legal right to withdraw your children from some aspects of this work.

Relationships Education and Health Education are statutory for all primary school pupils, and we would value the opportunity to share the statutory elements with you so you are clear about the curriculum we intend to teach the children and why we feel this is so important. We will also provide details of those elements parents/carers have the right to withdraw their children from.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them.

We look forward to seeing you on Monday 11th March, sharing the materials with you and answering any questions you may have.

Yours sincerely

Andy LA

Mr A Whiteway Acting Head of School