

# BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

Chief Executive Officer: Mrs S J Moore

Executive Headteacher: Mr P Bellamy

Email: [BEP.enquiries@abbeyacademies.co.uk](mailto:BEP.enquiries@abbeyacademies.co.uk)

Sandown Drive  
Bourne

Tel: 01778 426968



8<sup>th</sup> March 2024

Dear Parents/Carers,

## Big Walk and Wheel 11<sup>th</sup> - 22<sup>nd</sup> March 2024

We have some exciting news for you! We are taking part in the 15<sup>th</sup> anniversary celebration of Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from Monday 11<sup>th</sup> - Friday 22<sup>nd</sup> March 2024. It's free to take part and we would love everyone to be involved.

### What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

### Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity into children's daily routine which is important for their physical health and mental wellbeing. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.

Active school runs also help to reduce congestion and air pollution outside the school gate. A 2021 YouGov study showed nearly half of UK children worry about air pollution near their school, and that children thought active travel was the best way to bring down these pollution levels.

There are also some great prizes to be won every day for the school if we can encourage enough children to take part!

### Useful resources

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you have a hassle-free cycle, walk or scoot to school. Download your free family guide using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

More information about this event can be found at [www.bigwalkandwheel.org.uk](http://www.bigwalkandwheel.org.uk)

We hope by taking part in this challenge we will encourage our children to become Agents of Change and create healthier places and happier lives for everyone.

If you have any questions or concerns, please do speak to your child's class teacher.

Yours sincerely,

Miss Worrall and Mrs Campbell  
(Eco Schools Co-ordinators)