## BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

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Dear Parents/Carers,

## LIMITED TIME OFFER! Get FREE meal plans with FiveDinners.com

Please see the following information which is being shared on behalf of Theo Michaels from FiveDinners.com. If meal planning is a faff, you're fed up of choosing what to eat every night or just want to save money on food shopping then this is for you (and it's free if you sign up now!)

FiveDinners.com is an online meal planning service created by celebrity TV Chef Theo Michaels. Every week members get a new meal plan with five delicious, mouth-watering recipes with a single shopping list for the week so you know exactly what to get. You can even personalise your meal plans to suit your specific needs, like GF, vegetarian, child friendly, under 20 minutes and more!

Sign up today to get FREE lifetime membership - no catch, just free, to help families around the UK save money on food shopping and make dinnertimes a bit easier. You may remember TV chef Theo and his children when they did 36 live cookalongs during lockdown with thousands of families around the UK joining in, so he's very committed to helping families and children to eat well!

Simply head to <a href="https://FiveDinners.com">https://FiveDinners.com</a> and click the green Join Now button now to get free membership!

Yours sincerely

Health, Fitness and Wellbeing Team

