

BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

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7th May 2024

Dear Parents/Carers,

YEAR 6 CHANGING ME PARENTS/CARERS WORKSHOP

This school year we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

In Term 6, we will be delivering our Changing Me unit which covers puberty and sex education. We would like to invite you to attend a session at school in which we will give you a transparent and comprehensive picture of what we are planning to teach in Term 6.

Date: Monday 20th May 2024

Time: 3.25 p.m.

Venue: Year 6 Classroom

Due to the nature of the session, it is not appropriate for children to attend. To enable as many parents and carers to attend as possible, we will provide childcare for any primary school age child in one of the classrooms in school; this will be supervised by a member of teaching staff.

As it is our first year transitioning to the new Jigsaw materials, the children will be covering content in this Changing Me unit that will ordinarily be covered in Years 5 and 6 to ensure that there are no gaps in essential knowledge. The outline for this year can be viewed overleaf.

We hope you agree with us that this work is vitally important for children. However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. Relationships Education and Health Education are statutory for all primary schools. We would value the opportunity to share the statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and also the aspects parents/carers have the right to withdraw their children from.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them. We look forward to sharing them with you and answering any questions you may have.

Yours sincerely

The Year 6 and PSHE Team

Year 5 Puberty for Girls	<ul style="list-style-type: none"> explain how a girl's body changes during puberty and why these changes occur. understand the importance of looking after themselves physically and emotionally. understand that puberty is a natural process that happens to everybody and that it will be ok for them. <p>Note: this lesson also covers National Curriculum science to describe the life process of reproduction in some plants and animals, including humans.</p>
Year 5 Puberty for Boys	<ul style="list-style-type: none"> describe how boys' and girls' bodies change during puberty and why these changes occur. express how they feel about the changes that will happen to them during puberty. <p>This lesson also covers National Curriculum science to describe the life process of reproduction in some plants and animals, including humans.</p>
Year 5 Conception	<ul style="list-style-type: none"> understand that sexual intercourse can lead to conception and that is how babies are usually made. understand that sometimes people need assisted conception to help them have a baby. appreciate how amazing it is that human bodies can reproduce in these ways. <p>This is classified as a Sex Education lesson outside of the Statutory Health Education elements so the option is available to withdraw your child from this lesson should you choose to do so.</p>

Year 6 My Self Image	<ul style="list-style-type: none"> aware of my own self-image and how my body image fits into that
Year 6 Puberty	<ul style="list-style-type: none"> explain how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally. express how they feel about the changes that will happen to them during puberty.
Year 6 Babies: Conception to Birth	<ul style="list-style-type: none"> describe how a baby develops from conception through the nine months of pregnancy, and how it is born (introduce caesarean birth). recognise how they feel when they reflect on the development and birth of a baby. <p>This is classified as a Sex Education lesson outside of the Statutory Health Education elements so the option is available to withdraw your child from this lesson should you choose to do so.</p>
Year 6 Boyfriends and Girlfriends	<ul style="list-style-type: none"> understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend. understand that respect for one another is essential in a boyfriend/girlfriend relationship, and that they should not feel pressured into doing something they don't want to.
Year 6 Real Self and ideal self	<ul style="list-style-type: none"> aware of the importance of a positive self-esteem and what I can do to develop it