BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY
CEO/Executive Headteacher: Mrs S J Moore
Head of School: Mrs L Jordan
Email: BEP.enquiries@abbeyacademies.co.uk
Sandown Drive **Tel: 01778 426968**
Bourne

13th May 2025

Dear Parents/Carers,

LINCOLNSHIRE STAY SAFE PARTNERSHIP – 'YEAR 3 - POSITIVE BOUNDARIES'
FRIDAY 13TH JUNE

We are pleased to inform you that our Year 3 pupils will take part in a Positive Boundaries workshop on Friday 13th June, led by Emma Wighton from the Lincolnshire Stay Safe Partnership.

What is the workshop about?
Through the session children will understand what boundaries are, both physical and emotional, and how to communicate their boundaries.

They will:

- Develop an understanding of unhealthy boundaries in relationships
- Discover how to recognise and respect each other's boundaries

The workshop will give pupils the opportunity to explore their 'circle of trust', and real-life scenarios.

Why is it important?
They will learn to recognise if boundaries have been crossed and to identify unhealthy boundaries such as:

- Having trouble accepting 'no' from others
- Compromising personal values, beliefs and opinions to satisfy others, when it might upset you

The workshop will help children to develop their emotional intelligence to form healthy relationships in the future in a safe and structured environment.

If you have any questions or concerns about the content of the workshop, please do not hesitate to speak to your child's class teacher.

Yours sincerely,

Year 3 Team