BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY
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2nd June 2025

Dear Parent/Carer,

TERM 6 JIGSAW- CHANGING ME

At Bourne Elsea Park, we follow the Jigsaw Programme, a mindful approach to PSHE, to ensure that our students receive a holistic and well-rounded PSHE education.

This term, our class teachers will deliver high-quality PSHE sessions, using a range of engaging resources and activities from Jigsaw. To support the delivery of this programme we feel it is important to let you know about the areas that the upcoming unit will cover so you can support your child with further discussion of these issues should they come home with questions.

The Term 6 puzzle piece for this term is called Changing Me. For **Year Two** the outline for this unit will be as follows:

Piece 1 Life Cycles in Nature	• recognise cycles of life in nature. • understand there are some changes that are outside their control and can recognise how they feel about this.
Piece 2 Growing from Young to Old	• tell you about the natural process of growing from young to old and understand that this is not in their control. • identify people they respect who are older than them.
Piece 3 Changing Me	• recognise how their body has changed since they were a baby and where they are on the continuum from young to old.
Piece 4 Boys' and Girls' Bodies	• recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina, vulva, anus) and appreciate that some parts of my body are private. • tell you what they like/don't like about being a boy/girl.
Piece 5 Assertiveness	• understand there are different types of touch and can tell you which ones I like and don't like e.g. hug, high five
Piece 6 Looking Ahead	• identify what I am looking forward to when I move to my next class

We want to assure you that these sessions will be delivered in a sensitive and age-appropriate manner, taking into account the individual needs of our pupils. Should you have any further questions please speak to your child's class teacher.

The Year 2 Team and PSHE Team