BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

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9th February 2026

Dear Parents/Carers

We would like to update you on some important changes linked to the newly updated 0–5 Nutrition Guidance published by the DfE, which outlines best practice for supporting healthy eating in early childhood settings.

Although this guidance specifically applies to younger children, we are committed to promoting good nutrition and wellbeing for all pupils. We continue to use these principles across the school and encourage families to adopt them as good practice.

Celebrating Special Occasions – Summary of Updated Advice
To support healthy eating and reduce how often children are offered sweets and cakes, we are asking families, from the beginning of Term 4, not to bring in food or alternative items for birthdays or other celebrations. This approach helps us promote healthier habits across the school and ensures that celebrations remain safe, inclusive, and consistent for all children.

We appreciate your support in helping us maintain a healthy school environment for every child.

Yours sincerely



Mrs Louise Jordan
Executive Headteacher