BOURNE ELSEA PARK CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs L Jordan

Email: BEP.enquiries@abbeyacademies.co.uk

Sandown Drive
Bourne

Tel: 01778 426968

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Dear Parent/Carer,

TERM 6 JIGSAW- CHANGING ME

At Bourne Elsea Park, we follow the Jigsaw Programme, a mindful approach to PSHE, to ensure that our pupils receive a holistic and well-rounded PSHE education.

This term, our class teachers will deliver high-quality PSHE sessions, using a range of engaging resources and activities from Jigsaw. To support the delivery of this programme we feel it is important to let you know about the areas that the upcoming unit will cover so you can support your child with further discussion of these issues should they come home with questions.

The Term 6 puzzle piece for this term is called Changing Me. For **Year Two** the outline for this unit will be as follows:

Year 2	Piece 1 Life Cycles in Nature	• recognise cycles of life in nature • understand there are some changes that are outside their control and can recognise how they feel about this
	Piece 2 Growing from Young to Old	• tell you about the natural process of growing from young to old and understand that this is not in their control • identify people they respect who are older than them
	Piece 3 The Changing Me	• can recognise how their body has changed since they were a baby and where they are on the continuum from young to old • feel proud about becoming more independent
	Piece 4 Boys' and Girls' Bodies	• recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vulva, anus) and appreciate that some parts of their body are private • describe what they enjoy about being a boy or girl whilst understand we are all different
	Piece 5 Assertiveness	• understand there are different types of touch and can tell you which ones I like and don't like • feeling confident to say what I like and don't like and can ask for help
	Piece 6 Looking Ahead	• identify what I am looking forward to when I move to my next class • start to think about changes that will happen when in a new class and know how to go about this

We want to assure you that these sessions will be delivered in a sensitive and age-appropriate manner, taking into account the individual needs of our pupils. Should you have any further questions please speak to your child's class teacher.

Your sincerely

The Year 2 Team & PSHE Team